

*For people working with Children & Young People in Barnet*

## New Projects give Barnet high hopes for 2012

A new year finds the voluntary sector in Barnet struggling but surviving. It is essential that we do, because cuts to public spending nationally and locally will lead to more families in need with fewer services to support them. With Child poverty figures showing that nearly 1 in 4 Barnet children under 16 are living in poverty, the need for our services has never been greater.



Mirroring the government's Troubled Families Unit, Barnet Council is well prepared with its Family Focus team approach. We would like to offer our support. We have community spaces, intelligence and innovative services. Sharing and co-operating, recycling and supporting each other is the way that the sector in Barnet has always worked and this is helping us to cope.

We have been working hard to raise our profile and more awareness from school and council partners about what we do, led to donation of kitchen equipment from Barnfield Children's Centre in Burnt Oak. This has been a terrific boost to the new Rainbow Centre Cafe project - The Arc saving much needed cash and time.

The Cafe will provide low cost lattes, cheap breakfasts and a place to meet for families from Dollis Valley in Barnet Underhill. Through a partnership with a young entrepreneur it will soon be offering outside catering and training opportunities for NEET youngsters.



The Rainbow centre is also fast becoming a HUB for the children's sector providing: hot desks for start up projects, resources for youth work; advice surgeries for safeguarding, training and more. Barnet Community Projects who are based there are one of the groups that

received Big Society Innovation bank funds to run a home decorating service for vulnerable people working with Barnet Age UK. The project will train and skill up young unemployed people.



**Safeguarding drop in dates have changed to the 1st Wednesday of the month**

1st February  
7th March  
4th April  
All at 10-12

The Rainbow Centre  
Dollis Valley EN5 2UN

For more information please contact  
[barry.rawlings@barnetchildren.org](mailto:barry.rawlings@barnetchildren.org)  
or telephone 07947 819 642

*Read more in this edition about partnership projects helping Barnet children and young people and please keep in touch and share your news through the weekly email bulletin with news.*

***Email [ally.cooper@barnetchildren.org](mailto:ally.cooper@barnetchildren.org)***

## Barnet Safeguarding Projects Recognised at Awards Ceremony

Youth Shield are a group of 14-25 year olds who look at issues which make young people feel unsafe in Barnet and try to have an impact in changing them.

We work alongside the IOCALBarnet Safeguarding Children's Board.

Over the past few months Youth Shield have been lucky enough to be part of the judging panel for the London Safeguarding Children Awards 2011. We got to hear about, and see for ourselves the amazing work these groups are doing to keep children safer around London, for example, one of the places we visited was the Safer Families Project in East Finchley which helps children and mothers who are dealing with domestic violence. Along with this, Youth Shield won an award for Emerging Good Safeguarding Practice in London!

Youth Shield then gave a safeguarding workshop in Central London where we met people from different safeguarding organisations. We were able to share our experiences and discuss how we communicate with young people. Youth Shield presented their findings from our questionnaire where we consulted with hundreds of young people in Barnet about what makes them feel unsafe. Everyone found the workshop really useful and it was great getting advice from everyone who attended and giving them ideas about how to connect better with

young people in their areas.

Finally, what Youth Shield plans to do next: we are deciding what we will work on from the results of our questionnaire; we are producing an allegations leaflet, and developing a website. We will advertise the web address as soon as it is done.

Currently we are looking to recruit new members, so if anyone is interested then please do get in touch.

**By Soraya Bowie**  
**Youth Shield Member**

Contact Jo Domingo for more information

[jo.domingo@barnetchildren.org](mailto:jo.domingo@barnetchildren.org)

07811 322690



## Barnet Action 4 Youth are offering FREE Joint Enterprise Workshops

Joint Enterprise is a doctrine in law that means that a person can be convicted of a serious offence even if they didn't commit the act itself. It is increasingly being used to convict gang members. For example, if one member commits murder by stabbing someone, other gang members can still be charged with murder. This came to young people's attention following the stabbing at Victoria Station in March 2010 where a number of young people were charged under Joint Enterprise. Most recently it has been used to convict those responsible for the murder of Stephen Lawrence and can be used to convict other suspects if new evidence comes to light.

**Barnet Action 4 Youth deliver workshops together with Barnet Police to:**

- Raise awareness about the Joint Enterprise Law using factual information
- Answer questions that young people may have about the law and how it could affect them
- Reduce first time entrants to the criminal youth justice system and prevent re-offending
- Encourage young people to reflect on the company they keep, the choices they make and the consequences of their actions.

The workshops are appropriate for the 12 - 18 year olds and takes one to two hours depending on the group and length of time available for discussion.

If you would like to discuss us presenting the workshop to your group,

please contact: [Alison.kira@catch-22.org.uk](mailto:Alison.kira@catch-22.org.uk)

## The Barnet Youth Business Incubator (BaYBI)

The BaYBI is a new and dynamic service designed to channel the latent skills, energy, interest and inclination to business that may exist in some of our young people who are currently Not in Education, Employment or Training (NEET) with a view to positioning them to become future entrepreneurs and also to reduce the amount of anti-social behaviour or criminal activity amongst this group. The Incubator will go live in March 2012.

Services provided at the Youth Business Incubator will include practical help to set up physical and online businesses, support in running the business in the form of business mentors, marketing support, funding advice, assistance with registration and other necessary start up documentation.

The centre will also be equipped with reprographics, virtual office services and other relevant facilities for training and meetings.

**Chieme Okuzu** on 07721382733 or 020 8438 8285

**Email:** [chiemeo@yahoo.co.uk](mailto:chiemeo@yahoo.co.uk)

**Celebrate International Women's Day** I am planning an event to celebrate International Women's Day on 8th March but need your help to make it happen! I need to know who would be interested in taking part in this event to advertise their services to local women, be a guest speaker or run activities, and I also need to identify a venue at either no or minimal cost - please let me know if you know of one!

You can contact me at [haley@communityhearts.org](mailto:haley@communityhearts.org) or call me on 07930 258 120.

## GIRLS GET FIT

The Muslim Women's Sport Foundation runs school outreach programmes to encourage girls aged 15-16 particularly from BME communities to get active.

Ayesha Community Education based in West Hendon has just signed up to the 5 week programme. *"The sessions are great fun and I love the activities', we also learn about health, diet and fitness"* **Fatima from ACE.**

For further information about MWSF schools outreach programme email [info@mwsf.org.uk](mailto:info@mwsf.org.uk).



## BARNET SUPPLEMENTARY SCHOOLS LEAD THE WAY AGAIN



Three of Barnet's supplementary schools are among the first schools achieving the ContiYou NRC (National Resource Centre for Supplementary Education) Special Distinction Award.

OYA, Rustam and Paiwand achieved this prestigious award in December, following a year of hard work.

They were among only five supplementary schools in the country achieving the award for the first time.

The Special Distinction Award is expected to show exceptional all-round high quality. A supplementary school with a Special Distinction Award is an example to others in teaching and learning; day to day management; and good governance. In order to achieve the award, schools need to show evidence of **successful, imaginative programmes of study** that help children and young people achieve excellent results.

*OYA Graham Park*

*Rustam Christ College East Finchley*

*Paiwand Afghan Association Whitefield and London Academy*

Ertanch Hidayettin

## Child Poverty

BBC Children in Need have announced the creation of their **Emergency Essential Programme** to deliver the charity's welfare grants for individual families.

The programme will be administered by Buttle UK [www.buttleuk.org](http://www.buttleuk.org) and will give emergency grants for essential items for struggling families living in extreme deprivation throughout the UK.

*"I obtained a grant for a new fridge freezer for a family a couple of weeks ago. It took about a week from submission of the grant application to agreement to provide the goods. They organise the purchase and delivery too!"*

**Karen Lewis CAF advisor  
COMMUNITY Barnet**

## Aidexcel is reaching out!

The Reaching Out project is led by **Aidexcel Support Services** and its aim is to put together an award for 10 outstanding young achievers in Barnet aged 10-19. Our vision is to capture a diverse number of stories to raise awareness of the fantastic contribution young people with a disability are making in Barnet.

We are delighted to announce that **Awards for all** has supported the project.

**AWARD FOR Excellence 2012** will recognise young people with a disability living in Barnet aged 10-19 who excel in the categories below:

- **Community**
- **Sport**
- **Environment**
- **Academics**
- **Music**
- **Arts**
- **Politics**
- **Business**



Supporting Parents / Carers Of Children With Disabilities / Additional Needs

A young person may nominate themselves!

**Deadline for this is 5pm on the 3rd of February, 2012.**

Nominations will be judged by a committee including young people and the final people will be announced late February to attend an Awards Ceremony Night, in March

### The Criteria

1. Young person with disability nominated must be aged between 10-19 and a Barnet resident
2. Young person must have agreed to be nominated
3. Application must demonstrate which category the young person has been nominated for and illustrate their achievement

Call Faith on 020 3583 4260, 020 3239 1273 or email [aidexcel@aol.com](mailto:aidexcel@aol.com) for a nomination form.

## The Challenge is coming to Barnet!

Do you need volunteers? Do you want to engage young people with your cause? We're excited to announce that The Challenge, a youth and community based charity which brings diverse groups of young people aged fifteen and sixteen together to make a mark on their local community, will be running in Barnet during the summer of 2012.



Over 180 young people will partner up with local organisations, connecting them to volunteering and fundraising opportunities that will benefit their local area.

We're currently looking for local voluntary organisations, charities and community groups who would like to become community partners in 2012. If you are interested in finding out more contact Catriona Pickard either by email ([catriona.pickard@the-challenge.org](mailto:catriona.pickard@the-challenge.org)) or by phone (07785627460).

If you know a young person aged fifteen or sixteen who you think would like to take part in the programme next summer, then let them know that they can find out more and sign up through our website [www.the-challenge.org](http://www.the-challenge.org) from January.

### A guide to writing effective funding applications

Applications can be confusing, but this straightforward guide will help you with funding forms- [www.guardian.co.uk/voluntary-sector-network/2012/jan/10/funding-application-guide](http://www.guardian.co.uk/voluntary-sector-network/2012/jan/10/funding-application-guide)

## Dates for your diary

### MOMU—Moving on moving up

MOMU Is a social group for young disabled people in Barnet . Supported by IPOP staff it is led by young people who arrange their own programme.

So if you need a chat or a place to meet friends ,go to the drop in sessions. Next session is Wednesday 8th February 2012 from 5pm to 7pm at the IPOP office, Salisbury road, High Barnet, EN5 4JP. For more information call 0208 4410404 or email [youth@ipop.org.uk](mailto:youth@ipop.org.uk).



### Celebration Launch Service

Opening of the redeveloped Trinity Church on Mill Hill Broadway. Sunday 19th February 2012 10:30am Followed by a buffet Lunch. Please email [church.secretary@trinitymillhill.org.uk](mailto:church.secretary@trinitymillhill.org.uk) or telephone 020 8958 6801



Andrew Baker with members of MOMU

### Barnet Civic Service for Diamond Jubilee

The Diamond Jubilee Committee has arranged a Civic Service of Evensong to be held at the Parish Church of St Alban, West Heath Drive, Golder's Green on Sunday 5 February 2012 at 3pm to celebrate the 60th anniversary of HM's Accession. Multi faith prayer will be said and the Bishops of Edmonton and of Hertford will lead the thanksgiving, reflecting the borough's links with both the Diocese of London and that of St Alban.

### Alcohol Diaries

Tuesday 7 February 2012 4pm to 6pm  
Why do some teenage drinkers grow to be healthy adults while others fall into addiction? This short film by YPDAS interviews young people and adults in Barnet about their experiences with alcohol. RSVP to [YPDAS@tavi-port.nhs.uk](mailto:YPDAS@tavi-port.nhs.uk). Places are limited. For more information on this or any upcoming YPDAS event contact 020 8441 3595.

### Free Epilepsy Awareness and Autism training

Monday 30th January and Thursday 2nd February  
Epilepsy Awareness  
6-9pm  
The Fern Room Salisbury Road  
Barnet  
EN5 4JP  
  
TUESDAY 14TH February  
Autism: A focus on challenging behaviour  
10-4pm  
The trinity centre, nether street, North Finchley N12 7NN  
  
There are limited spaces on these courses so if you are interested, or would like more information please contact Andrew at the IPOP Office on 0208 441 0404 or via email [training@ipop.org.uk](mailto:training@ipop.org.uk)

THE FITNESS EVENT  
BURSTING INTO LONDON...

**B-FIT EXPO**  
28th - 29th January 2012 at Excel London  
[www.b-fitexpo.co.uk](http://www.b-fitexpo.co.uk)



### Parent's Course

For mothers and carers of children 0-19  
12 week course from 9:30-12:30pm  
At London Jewish Family Centre  
31st January 2012  
Book your place now cost £60  
EZER NW—0208 458 9288  
[info@ezernorthwest.org](mailto:info@ezernorthwest.org) Creche facilities provided



## Activities and announcements

The Youth Focus project at Community Focus consists of FLY (For London Youth) - a panel of young people who meet weekly to plan and deliver inclusive arts projects for other young people across the Borough of Barnet.



**\*\* FLY are looking for new members to join them in their exciting mission... \*\***

To date, the FLY panellists have developed and delivered a hugely successful music project,; Get Loud!, seeking out talented young musicians from across the borough in Barnet's answer to the X-Factor. FLY panellists have been proactively engaged in all aspects of project management and delivery, developing valuable leadership skills for the arts and cultural sector, which are soon to be formally recognised through Arts Award opportunities. The panel aims to be inclusive in all its work, ensuring that membership of the panel itself and access to the projects is available to young people of differing abilities and backgrounds. **If you know a young person, aged 11-16, who has an interest in the arts and a desire to make a difference to the lives of other young people, please let them know about FLY.**

If you would like to discuss the project further, please contact Hannah Cridford, Participation Officer with Community Focus, on 020 8369 5484 or [hannah.cridford@communityfocus.co.uk](mailto:hannah.cridford@communityfocus.co.uk).

## Male Volunteers needed urgently

We are currently recruiting male volunteers to become befrienders (independent visitors) for boys between the ages of 6-16 who are in the care of Barnet local authority who for different reasons cannot live with their birth family. **Some of these children are placed out of London so if you are willing to travel we urge you to apply too.**

All travel costs will be reimbursed.

You will need to be able to give a few hours every month for at least a year to visit a child, get to know them, take them out, do activities together and take an interest in their lives.

### NEXT TRAINING DATE

**Saturday 4<sup>th</sup> February 2012**

### You will need

- to be over 18
- to complete an enhanced CRB check and provide suitable references

### You will get

- full training
- support and regular supervision
- travel and other expenses
- a great deal of satisfaction!



*Beyond the class panel—NUTMEG*

For information and to register your interest contact:

Karen Lewis 020 8364 8400 or [karenlewis@barnetchildren.org](mailto:karenlewis@barnetchildren.org)



**Student Volunteering Week 2012 takes place between 20th to 26th February.**

**Send us your story!**

If you would like to discuss any aspect of involving volunteers please call Volunteer Centre Barnet on 020 8364 8400 ext 215/224/223

## More – Activities and announcements

### Volunteer Opportunities—Befriending Families in Barnet

#### *Could you help families cope with the ups and downs of family life?*

Our befriending volunteers will:

Be part of a team and develop your skills

Befriend families in their homes/ community

Support parents who are finding balancing family life a challenge

Our volunteers receive:

On-going training, supervision

Experience and training valued by employers

Access to FREE OCN qualifications (Nationally recognised)

We need volunteers who want: to support parents to find positive solutions, to learn new skills and develop those they already possess

Training will be held on:

January 30th & 31st & Feb 6th 2012

9.30am-2.30pm

At: The Trinity Church, Mill Hill NW7 2AE

For further information and to book contact Louise: 01707630105 or email: [louisev@familylives.org.uk](mailto:louisev@familylives.org.uk)

Family Lives is a national charity providing parenting and family support.

### Voluntary sector Market Place

February 22<sup>nd</sup> at

North London Business Park.

A great opportunity to network and tell everyone about your organisation and activities.

To book a stall email

[Marion.Young@barnet.gov.uk](mailto:Marion.Young@barnet.gov.uk)

Barnet Action 4 Youth are in need of a Photocopier as their trusty ancient one gave up just before Christmas.

Do you have an old photocopier you are able to donate?

It doesn't need any flash functions, just the ability to photocopy and one that is recent enough that we are able to buy replacement toner etc for.

Please contact Alison if you are able to help [Alison.kira@catch-22.org.uk](mailto:Alison.kira@catch-22.org.uk) Mobile: 07887 764 575

### Incredible Years Parenting Programme

Do you have a child aged one to three years?

Do you want to know how to:

set routines

set boundaries

use positive discipline

strengthen children's social skills

use praise to encourage co-operative behaviour

The Incredible Years Parenting Programme is for parents and carers experiencing moderate difficulties who want to improve their relationship with their children.

Sessions include: discussions, skills training, problem solving and DVD clips.

The course takes place over 14 weekly sessions lasting two hours. A crèche is available.

Start: Monday 23rd January 2012

Time: 9.30-11.30am

Venue: Coppetts Wood Children's Centre, Coppetts Road, N10 1JS

Cost: Free

For further information and registration: Contact Navraj on 020 8883 2985,



Members of the BOBBY Panel

## Torchbearer Darwin a leading light for youth

Congratulations to Darwin Bernardo, founder of Nutmeg community who is among almost 7,000 people to have been selected in recognition of their personal achievements or contributions to their community.

More than 60,000 nominations were received from across the UK – and there were just 8,000 places available.

In 2008 he helped set up the youth empowerment organisation, Nutmeg Community, which aims to highlight the achievements of young people, while also offering them support and advice.

Darwin decided to set up the organisation when he realised that the negative portrayal of young people was leading to them becoming disengaged from the community.



*Darwin Bernardo*

As a torch-bearer, Darwin will help carry the 2012 Olympic Flame on an 8,000-mile journey around the UK before it reaches the Olympic Stadium in Stratford for the opening ceremony on July 27.

## Beyond the Class booklet launch - positive young people making news!



*Mansoor Fazli*

On Wednesday 21<sup>st</sup> December 2011, the beyond the class booklet celebrating youth achievement in Barnet was officially launched. Around 30 people turned up to the launch event which was held at North Road Community Centre, Burnt Oak.

The launch event featured talks from O2 Think Big Internal Manager Katie Hyson, Community Barnet's Cephass Akuklu and young volunteer John Gribbon who was involved in the short listing nominations process. Also, 4 young people were recruited via Volunteer Centre Barnet to support the running of the event, taking on roles such as photographer, interviewer and general helper.

Mansoor Fazli, of Granville Road, Childs Hill, was one of those recognised for his work as one of the founding members of the Role Model Army, a group of young people representing the views of those living in care.

The 23-year-old Middlesex University law student, who has lived in care since he was 14, said: "To be nominated is very encouraging but there are other young people doing good stuff in Barnet and they also deserve recognition."

Another of those named is singer and rapper Vascliff Fuller, who mentors aspiring musicians when he is not working on his own career as artist V.A.S.

"I don't only want to help fulfil my passions," said the 23-year-old from Colindale. "I want to help other people achieve their dreams. This means a lot. It means that it's working."

### To advertise or contribute to the termly CYP news contact:

Allison Cooper—Information & Communications Email:

ally.cooper@barnetchildren.org

07935 057 618/ 0208364 8400 x230 **Summer edition deadline 3rd May 2012**

**Weekly eBulletin deadline every Friday 5pm**

